

## Preparing your Pet for their Visit to the Vet



### Tips for Cat Owners:

1. We recommend purchasing a carrier that opens from the top and/or has an easily removable top. Pulling or dumping a scared cat from a carrier is stressful.
2. Place the carrier in a central area of the home at least 3 days prior to the exam. Wipe the carrier with pheromone wipes ( Feliway) and place their bed and treats inside. Make their carrier a happy and not a scary place. This will make getting them into it a much easier process for you and them.
3. When driving make sure the carrier is flat. You may use towels to make sure it does not slip or tilt.
4. Cover the carrier to reduce stimuli.
5. Play calming classical music to decrease anxiety.
6. Speak in a low calm voice. High pitched praise or reaffirmation often increases anxiety.
7. When you arrive, carry the carrier with both hands like you are cradling a present. This prevents the cat from being jostled and unbalanced.
8. If you must wait in the waiting area, face the carrier away from any other cats present and place your cat on our bench and not the floor.



We hope it helps lessen  
stress for you and your pet!

